



Corporate Breakfast

Assorted Egg Cup Platter \$6.50 per person

~Whole grain toast or ham cups filled with egg omelettes

Muffin Platter \$3.50 per person

~ Assorted wholegrain muffins and cranberry scones

* Gluten free muffins available on request

Yogurt Parfaits \$4.25 per person

~ Plain yogurt with house made crunchy granola and honey

Fresh Fruit Platter \$3.50 per person

~ Seasonal fresh fruit

Baked Goods Platter \$ \$4.00 per person

~House made banana + walnut loaf, lemon loaf, and zucchini square, cranberry scones

Bagel + Smoked Salmon Platter \$9.50 per person

~assorted bagels, cream cheese, capers, red onion, cucumber, smoked salmon

Freshly Squeezed Orange Juice \$3.99 per

Assorted Black River Juices + Water \$2.00

Coffee + Tea Service \$4.50 per person



Corporate Salads

Minimum Order of 6 pple

Green Salads

Moss Park Garden \$3.00 per person

~ mixed greens, seasonal fresh vegetables, edamame, sprouts and lemon vinaigrette

Danforth Greek \$3.50

~ Lettuce, feta, olives, cucumber, tomato, lemon vinaigrette

Pink Grapefruit Caesar \$3.50

~ House made Caesar dressing, croutons and shaved parmesan on romaine, add crispy prosciutto for \$0.30

Yorkville\$3.75

~Mixed greens, goat cheese, cranberries, grapes, walnuts, edamame, sprouts, balsamic vinaigrette

Charred Broccoli + Cherry tomato \$3.55

Barley, Lentil Butternut Squash \$3.50

Quinoa Tabouleh \$4.00

Cold Soba Noodle \$4.00

Whole Wheat Greek Pasta \$3.50

Penne with Sundried Tomato and Kale \$3.50

Israeli Couscous \$3.50



Corporate Sandwiches

Assorted Sandwich Platter \$12.50 per

Assortment of chicken, roast beef, egg salad, ham, turkey and lemon tuna on a variety of fresh bread and whole grain wraps + baby dill pickles.

Sandwiches

~Roast Chicken + Avocado with Tomato Aioli

~Roast Beef, Arugula and Horseradish Aioli

~Turkey, Mozzarella, Caramelized Onions, Arugula, Grainy Mustard

~Chunky Egg

~ Salmon Salad, Wasabi + Sesame mayo

~ Ham + Cheddar

~ Lemon Caper Tuna

~ Grilled Vegetable + Goat Cheese

Combos

Sandwich Platter + 1 Salad \$15.50

Sandwich Platter + 2 Salads \$16.00

Desserts

Fruit Platter \$ 3.50 per person

Dessert Platter \$3.00 per person

Assorted bars, brownies + cookies

Chocolate brownie, grapefruit bars, white chocolate and cranberry cookie, salted chocolate chip



Boxed Salads

Augusta Avenue Mexican Salad \$7.35

~Mixed greens, black bean + corn salad, edamame, sweet potato, avocado, cilantro, lemon vinaigrette

Farmers Cobb \$8.25

~Mixed greens, roast chicken, egg, oven roasted tomato, blue cheese, avocado, corn, green beans, sprouts

Tuna Nicoise \$8.50

~ Mixed greens, lemon caper tuna, cherry tomatoes, egg, olives, green beans, potato, sprouts

Mango Chicken \$8.25

~ mixed greens, roast chicken, diced mango, cherry tomato, avocado, cilantro, lemon vinaigrette

The Yorkville \$8.25

Mixed Greens, chicken, goat cheese, cranberries, walnuts, pumpkin seeds, pea shoots, edamame, balsamic vinaigrette

Cold Soba \$7.99

~ Buckwheat soba noodles, scallions, julienned bok choy, sesame- soy + honey vinaigrette

Spicy Beef \$8.25

~Mixed greens, shaved beef, edamame, cashews, red onion, tomato, spicy soy basil vinaigrette

Salmon Grapefruit + Avocado \$8.50

~ Mixed greens, roasted salmon, grapefruit, edamame, pea shoots, avocado, lemon vinaigrette



Combos

Big Breakfast

~Egg Cups, Muffins, Fruit, Drink + Coffee \$ 12

Boxed Lunch

Boxed Salad + 1 drink + 1 cookie or fruit + \$13.50

Boxed Sandwich + Side Salad + Drink + Cookie \$14.00

Platters

Sandwich Platter + 1 Salad \$15.50

Sandwich Platter + 2 Salads \$16.00

Snacks + Nibbles

Vegetable Display

~Seasonal Vegetables with Roasted Red Pepper + Feta Dip \$4.50 per person

Mesina Platter

~Toasted pitas, olives, grilled vegetables, hummus \$7.00 per person

Toast Points + Dips

~Toasted basil bread, baguette toasts and pitas with hummus, roasted red pepper, white bean + kale dip \$6.50 per person

Cheese Platter

~ market cheeses + dried fruit with baguette + crackers \$12.00 per person

Charcuterie platter

~ Market cured meats served with pickles and mustards \$13.00 per person



Mains

Chicken + 2 Sides \$13.00

Beef + 2 Sides \$14.00

Salmon + 2 Sides \$15.50

Sliced Chicken Breast

Pesto chicken

Lemon chicken

Sliced Roast Beef

Rosemary Roasted Strip lion

Salmon

Citrus

Cajun

Tofu

Oven Roasted Sesame Soy

Sides

Grilled vegetables

Garlic kale

Balsamic Mushrooms

Sweet Potato

Roasted Brussel Sprouts

French Green beans

Charred broccoli

Bombay Cauliflower

Desserts

Fruit Platter \$ 3.50 per person

Dessert Platter \$3.00 per person

Assorted bars, brownies + cookies

Chocolate brownie, grapefruit bars, white chocolate and cranberry cookie, salted chocolate chip